

# FREE Mental Health Services for First Responders

As first responders, you are on the frontline facing highly stressful and risk-filled situations. You may need support to help you deal with traumatic and stressful events.

United Way of Broward County works closely with behavioral health psychotherapists in our community to provide support to first responders and families who have been directly impacted by the MSD Parkland Tragedy that took place on February 14, 2018.

It is estimated that **30 percent of first responders develop behavioral health conditions** including **depression and post traumatic stress disorder (PTSD)**, as compared with 20 percent in the general population. (Abbot et al., 2015)



United Way of Broward County



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We can provide fee payment coverage if you would like to receive behavioral health services to help you cope with any symptoms as a result of witnessing and responding to the events of February 14, 2018.

We are able to waive fees for accessing behavioral health trauma services or provide training that your department might need related to coping with traumatic events or dealing with symptoms of behavioral health conditions.

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**We are here to support you.**

**To learn more about  
Free Mental Health Services,  
please contact Rafis Nin at  
[rnin@unitedwaybroward.org](mailto:rnin@unitedwaybroward.org)  
or call 954-308-9279.**



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